

## JEFF FEINBLATT MD PC

LOWER EXTREMITY SPORTS MEDICINE

Foot, Ankle and Knee Reconstruction



## **Total Knee Replacement**

When patients continue to have significant pain and restriction of activities due to end stage arthritis of the knee, and despite non-surgical options (our office offers the full array of these options including therapy, injections (corticosteroid, <u>PRP</u>, <u>Stem Cells</u>), bracing, discussion of weight loss and nutrition) joint replacement becomes a consideration.

Knee Replacement has a good track record for restoring function and decreasing pain. Implant technology has steadily improved over time, but one of the biggest changes in Knee Replacement has been in pain management and quick postoperative rehab. Because of improved pain management decreasing the reliance on narcotic pain medication, healthy, fairly fit individuals who have maximatically the paintern of the pai

agement decreasing the reflance on narcotic pain medication, healthy, fairly fit individuals who have maximized their strength and endurance before surgery can return home the same day as surgery. Most other patients can return home the day after surgery as long as there is family/community support at home. Some patients with significant medical co-morbidities and/or lack of assistance in the house may require home health care.

A pre-operative class is available to familiarize you with the typical recovery course.

Dr. Feinblatt and his staff will take you through nonoperative options, and when appropriate determine if partial or total knee replacement is right for you.





Knee Arthritis





Knee Replacement Immediately after surgery

Dr. Feinblatt offers outpatient, traditional, as well as robotic assisted knee replacement.